

Vic First Aid

COVID-19 Coronavirus

Vic First Aid Covid-19 risk mitigation protocols

Masks should be brought to all our training sessions as you may need to wear them when working with others

- ***Please ensure you check it at our venues using the Vic Gov App***
- ***Please reschedule if you have viral symptoms such as tiredness, cough, aches & pains, nasal congestion, runny nose, sore throat or difficulty breathing or if you have been in contact with anyone who has had the COVID-19 virus or if you have returned from overseas and have yet to complete isolation for 14 days after arrival to Australia.***
- ***At every session, we ask students to adhere to our training protocols & hygiene principles including the following: Avoid touching your eyes, nose and mouth, especially after practical activities. Cover your mouth and nose with your inner bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately & ensure you wash or clean your hands as recommended above.***
- ***Class contact times have been reduced with the introduction of further online learning to compensate***
- ***Each participant are asked to wash or sanitise their hands upon entry to the training room & at any time they leave & return after breaks***
- ***Time will be given for handwashing or sanitising on a regular basis.***
- ***Ventilations may be simulated during the CPR practical exercises. All other aspects of the CPR assessment remain unchanged.***
- ***All resources will be wiped between use and fully cleaned & sanitised at the end of the session.***